



It is estimated that pornography has grown to a 13 Billion Dollar Industry

Every day up to 30 million people log on to a pornographic web site

The combined circulation of Playboy and Penthouse exceeds that of Time and Newsweek

60% of all web sites are pornographic

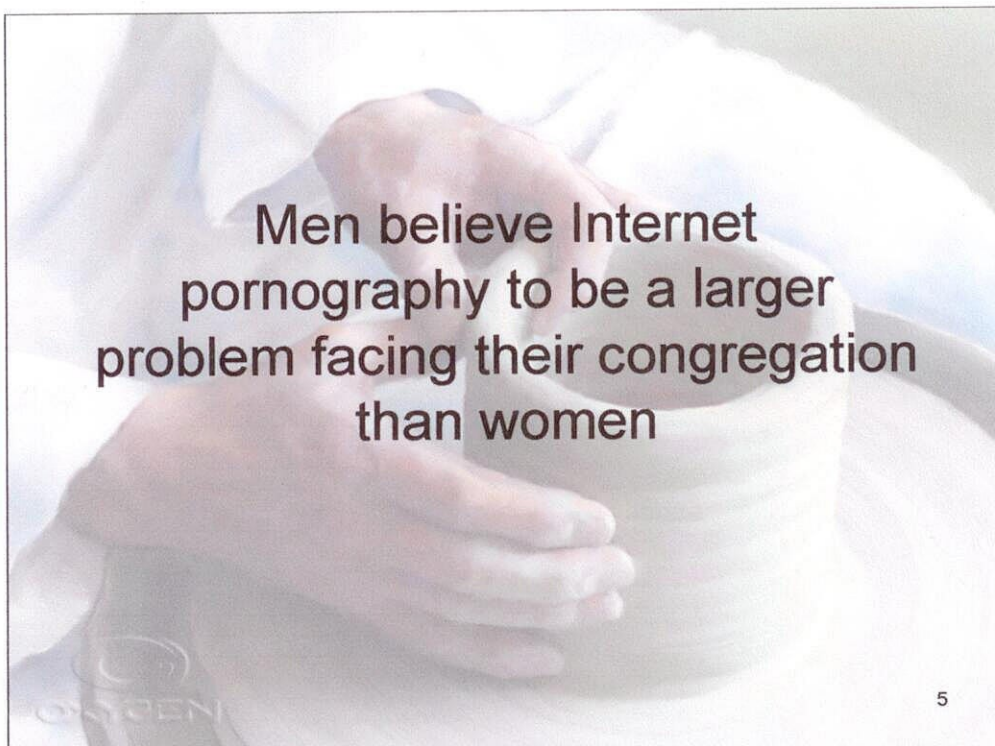
The average age at which a male first sees a pornographic magazine is 11 years old

Thanks to the internet, the average age of first exposure to pornography in the U.S. is now age 5. The reported source for this is the American Family Association but I have yet to confirm this. It is however safe to assume that the average age for the first exposure to pornography is going down.

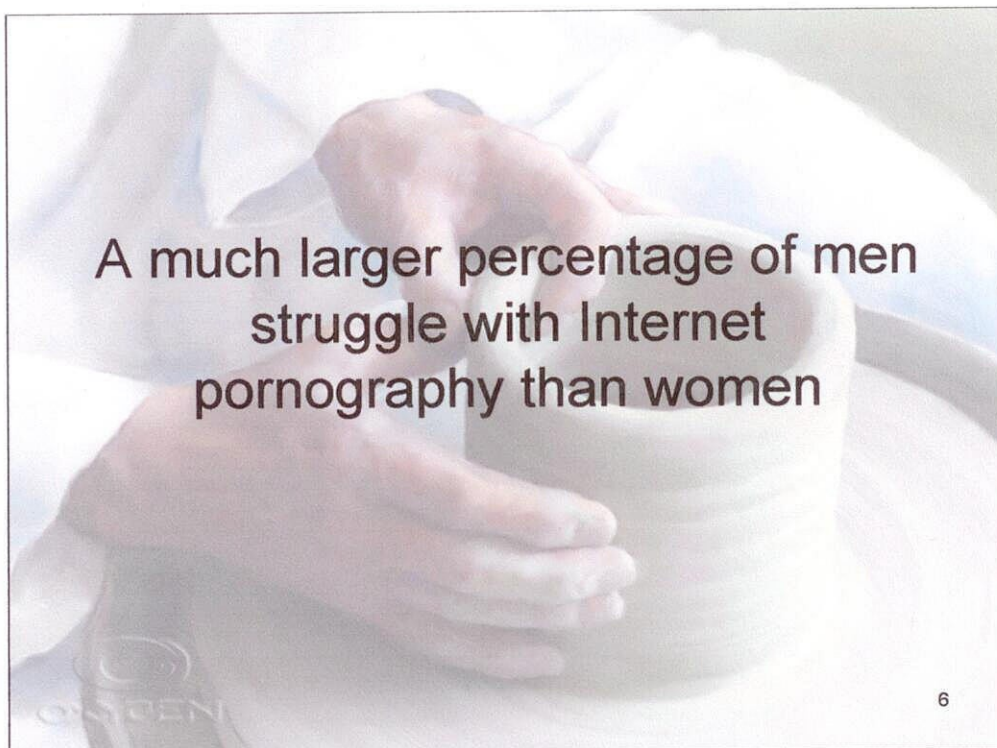
Survey

- Targeted email sent to members of the church of Christ
- Filtering survey (not asked all questions depending on answers)
- 6,444 Visits
- 924 Partial
- 4,365 Complete
- 99 indicated not members of church of Christ (removed)
- 56 indicated < 100% honest (removed)
- 4,210 Completed Surveys used in analysis

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41% of all men say they either strongly agree or agree with the statement "I believe Internet pornography to be one of the biggest problems facing my congregation", compared with 29% of women who say the same



84% of men have viewed some type of pornography, 51% of women have viewed some type of pornography

57% of men have intentionally viewed Internet pornography, 15% of women have intentionally viewed Internet pornography

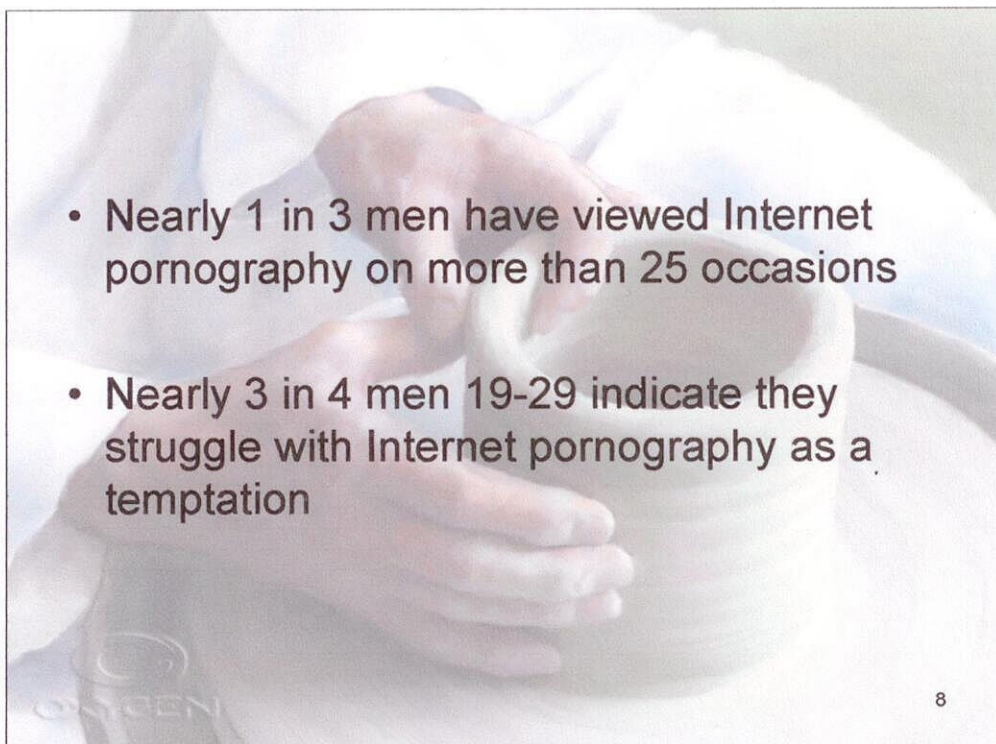
45% of all men say they either strongly agree or agree with the statement "I have struggled with Internet pornography as a temptation" while only 6% of all women say this

30% of all men have viewed Internet pornography on more than 25 occasions; only 2% of all women have done the same

Among men, older men struggle the least with Internet pornography

Role	Count	Temptation, strongly agree or agree	25+ Occasions
Deacons' Wives	171	2%	1%
Elders' Wives	95	3%	1%
Ministers' Wives	105	4%	2%
Female, Other (role)	198	5%	2%
Female Members	1370	7%	2%
Women		6%	2%
Elders	223	19%	9%
Male, Other (role)	167	39%	24%
Ministers	580	43%	26%
Deacons	270	46%	28%
Male Members	1023	53%	39%
Men		45%	30%
Men 19-22	132	72%	60%
Men 23-29	335	73%	59%
Men 30-39	433	64%	43%
Men 40-49	527	45%	27%
Men 50-59	393	33%	17%
Men 60+	423	9%	4%
Women 19-22	219	12%	4%
Women 23-29	312	10%	4%
Women 30-39	355	8%	3%
Women 40-49	388	4%	1%
Women 50-59	344	1%	1%
Women 60+	262	0%	0%

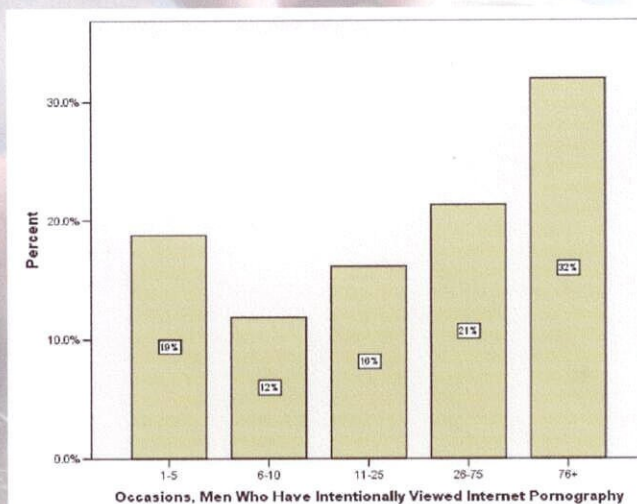
7



- Nearly 1 in 3 men have viewed Internet pornography on more than 25 occasions
- Nearly 3 in 4 men 19-29 indicate they struggle with Internet pornography as a temptation

8

Internet pornography is extremely addictive for men



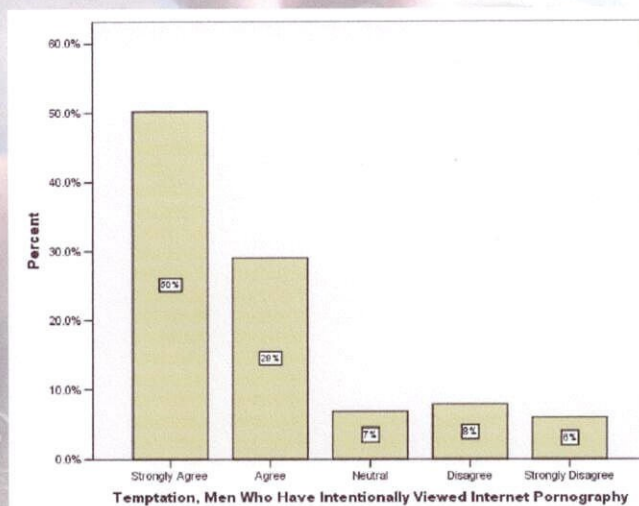
9

FMRI (functional magnetic resonance imaging) studies at the Vanderbilt Center for addiction research have learned that the brain processes pornography the exact same way it processes crack cocaine.

First Graph, Explain in detail!

Pornography is progressive just like crack cocaine; what satisfied you yesterday is no longer enough; you need more and more.

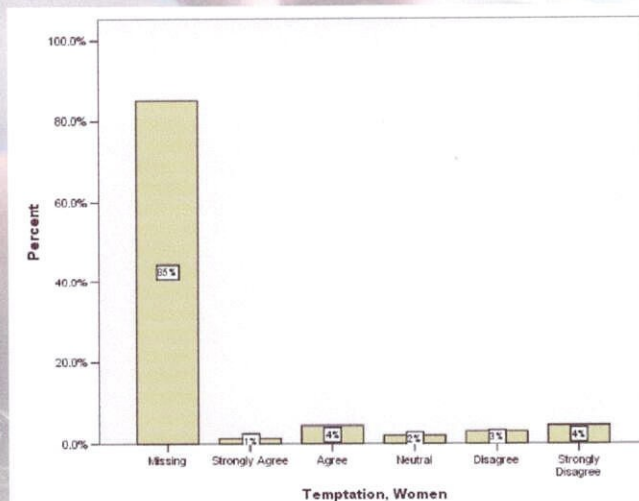
Internet pornography is extremely addictive for men



10

79% of the men who have ever intentionally viewed Internet pornography even once say that it is now a temptation for them!

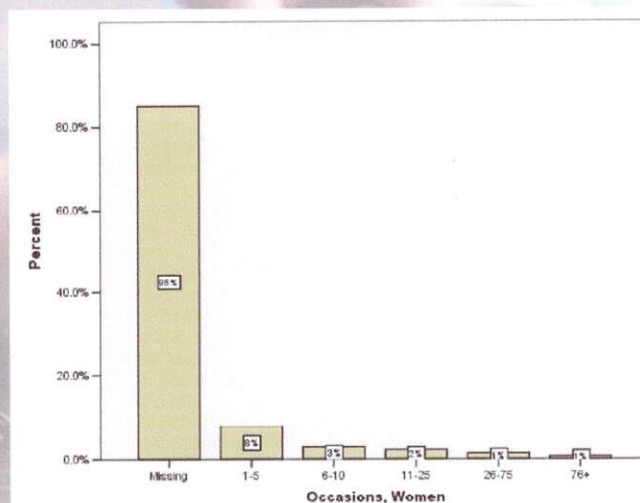
Internet pornography is NOT addictive (as a rule) for women



11

“Missing” represents the women who have either never viewed pornography at all or never intentionally viewed Internet pornography.

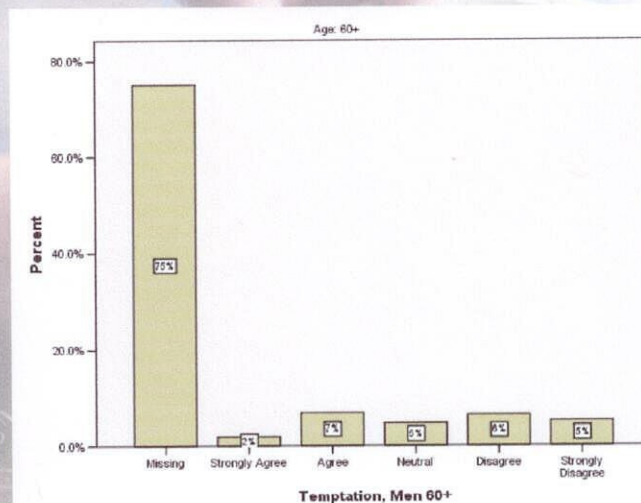
Internet pornography is NOT addictive (as a rule) for women



12

“Missing” represents the women who have either never viewed pornography at all or never intentionally viewed Internet pornography.

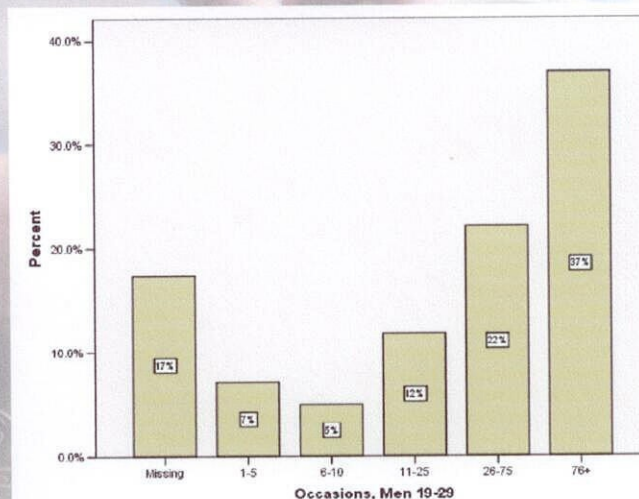
Younger men struggle much more with Internet pornography than older men



14

73% of all men 19-29 indicate they struggle with Internet pornography as a temptation! Compared with 9% of men 60+.

Younger men struggle much more with Internet pornography than older men



15

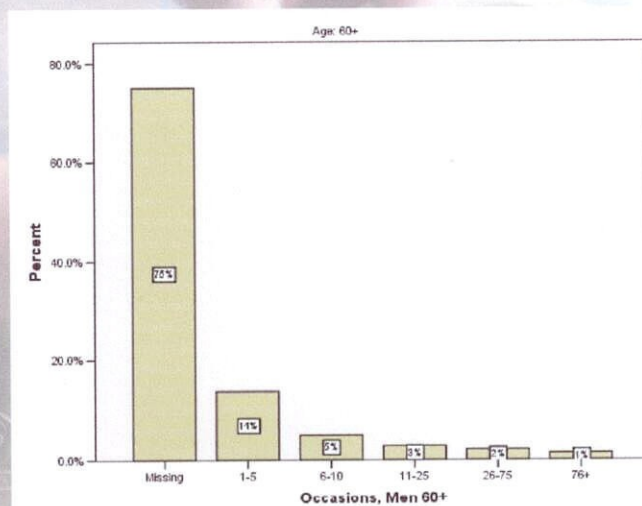
Possible reasons (probably a combination):

Time spent on the Internet

Age, wisdom, hormones, maturity

59% of all men 19-29 have viewed Internet pornography on more than 25 occasions! Compared to 3% of men 60+.

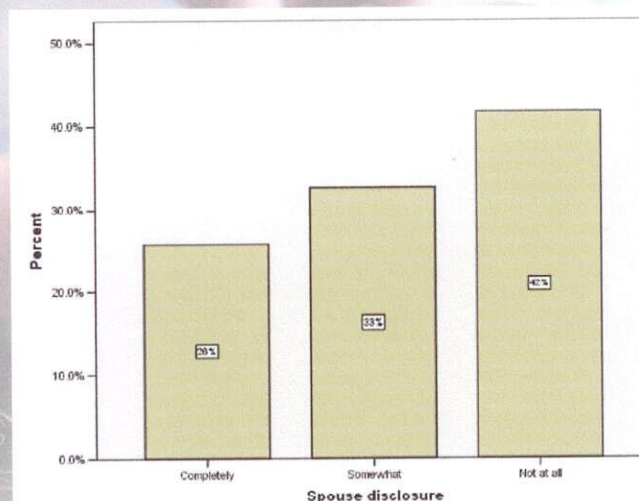
Younger men struggle much more with Internet pornography than older men



16

59% of all men 19-29 have viewed Internet pornography on more than 25 occasions! Compared to 3% of men 60+.

Those who struggle with Internet pornography are not sharing that fact with their spouses



17

74% of those who are married and struggle with Internet pornography have not told their spouses everything about their struggle!

John 3

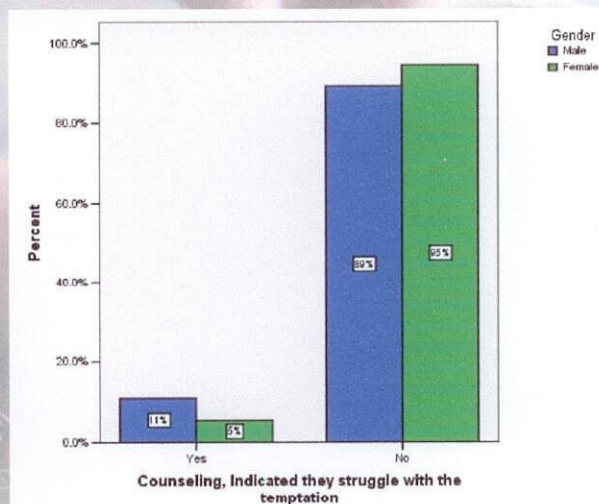
19And this is the condemnation, that the light has come into the world, and men loved darkness rather than light, because their deeds were evil. 20For everyone practicing evil hates the light and does not come to the light, lest his deeds should be exposed. 21But he who does the truth comes to the light, that his deeds may be clearly seen, that they have been done in God."

Ephesians 5

8For you were once darkness, but now you are light in the Lord. Walk as children of light 9(for the fruit of the Spirit[a] is in all goodness, righteousness, and truth), 10finding out what is acceptable to the Lord. 11And have no fellowship with the unfruitful works of darkness, but rather expose them. 12For it is shameful even to speak of those things which are done by them in secret. 13But all things that are exposed are made manifest by the light, for whatever makes manifest is light. 14Therefore He says:

"Awake, you who sleep,
Arise from the dead,
And Christ will give you light."

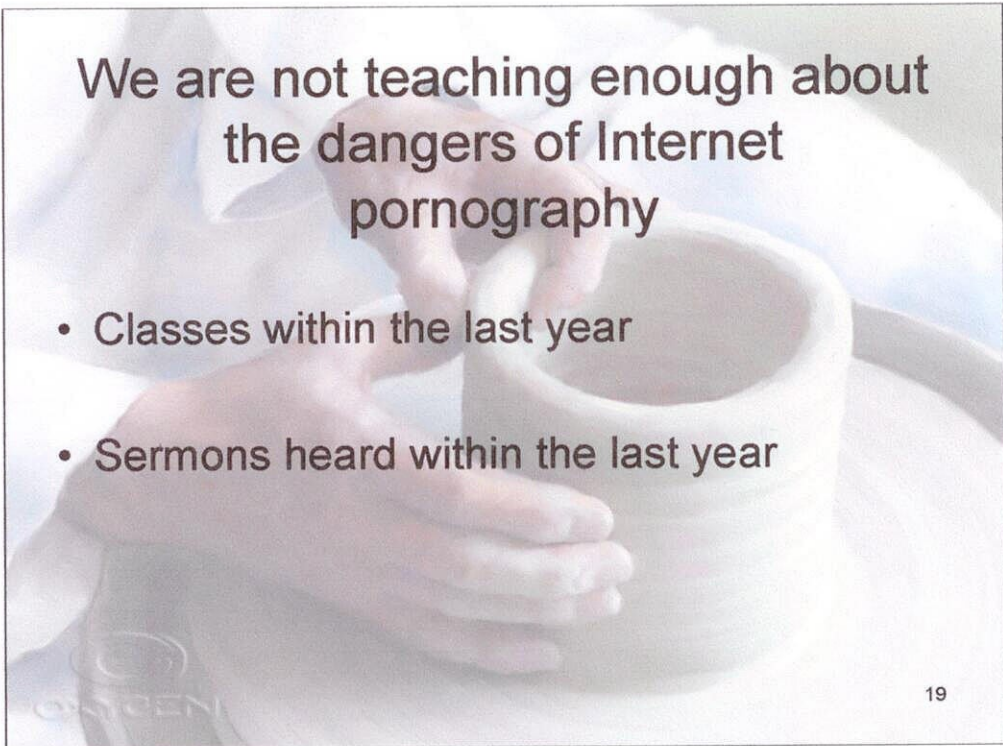
Less than 1 in 10 who struggle with Internet pornography seek professional counseling.



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Women are somewhat less likely than men to seek professional counseling.

80% of those who have had professional counseling are married. A counselor told me while preparing this material that out of the 10 men he was currently counseling, all were married and only 1 had contacted him without coercion.



We are not teaching enough about the dangers of Internet pornography

- Classes within the last year
- Sermons heard within the last year

19

39% of all respondents say they have not been a part of any classes that mentioned Internet pornography in the last 12 months.

55% of all respondents say they have been a part of 1 or fewer classes that mentioned Internet pornography in the last 12 months.

31% of all respondents say they have not heard any sermons that mentioned Internet pornography in the last 12 months.

50% of all respondents say they have heard 1 or fewer sermons that mentioned Internet pornography in the last 12 months.

We are not teaching enough about the dangers of Internet pornography

- 47% of elders indicate they have not given direction to their ministers and/or teachers to preach and/or teach about Internet pornography in the last 3 years.

20

14% of elders who HAVE given direction say they struggle with Internet pornography as a temptation while 25% of elders who HAVE NOT.

4% of elders who HAVE given direction say they have viewed Internet pornography more than 25 times compared to 14% of those who HAVE NOT.

Which came first, the chicken or the egg?

The bottom line is: give direction to your preachers and teachers to teach against this!

1Pe 5:8 Be sober, be vigilant; because your adversary the devil, as a roaring lion, walketh about, seeking whom he may devour:

Pro 29:18 Where *there is* no vision, the people perish: but he that keepeth the law, happy *is* he.

1Pe 5:1 The elders which are among you I exhort, who am also an elder, and a witness of the sufferings of Christ, and also a partaker of the glory that shall be revealed:

1Pe 5:2 Feed the flock of God which is among you, taking the oversight *thereof*, not by constraint, but willingly; not for filthy lucre, but of a ready mind;

1Pe 5:3 Neither as being lords over *God's* heritage, but being examples to the flock.

1Pe 5:3 Neither as being lords over *God's* heritage, but being examples to the flock.

1Pe 5:4 And when the chief Shepherd shall appear, ye shall receive a crown of glory that fadeth not away.

Elders are to shepherd the flock.

Act 20:29 For I know this, that after my departing shall grievous wolves enter in among you, not sparing the flock.

We are not teaching enough about the dangers of Internet pornography

- 39% of ministers haven't taught any lessons dealing primarily with Internet pornography in the last 3 years.

21

34% of this group have viewed Internet pornography on more than 25 occasions compared to 22% of those who have taught 1 or more lessons

50% of this group indicate they struggle with Internet pornography as a temptation compared to 40% of those who have taught 1 or more lessons

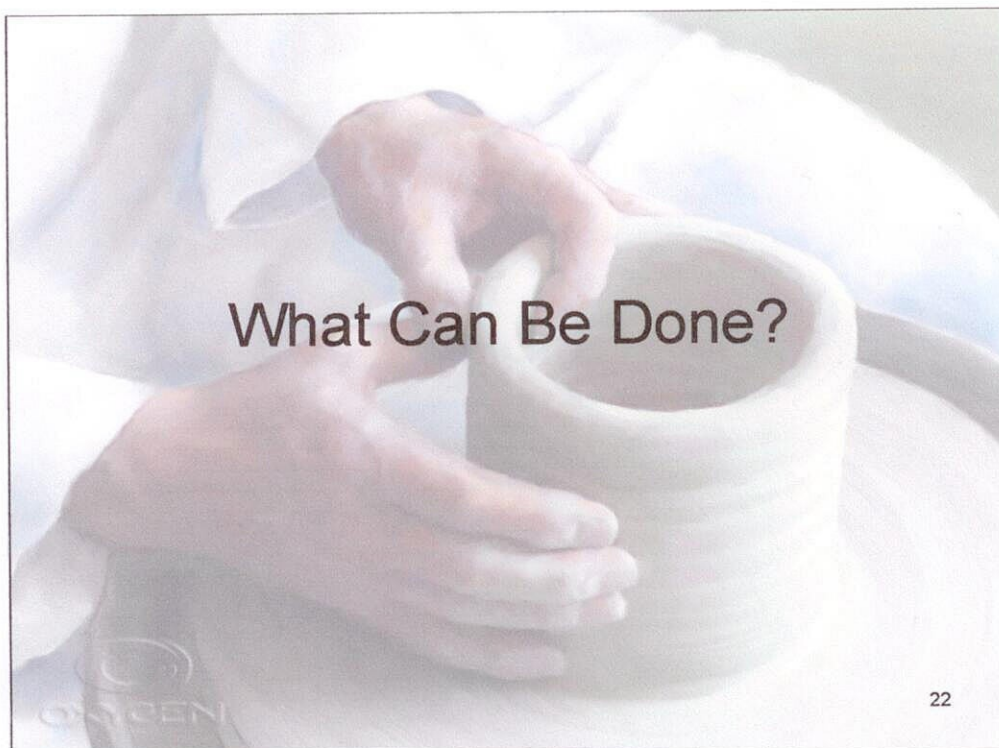
Again, which came first? The chicken or the egg?

Do these men struggle less because they have studied and taught about this?

Or

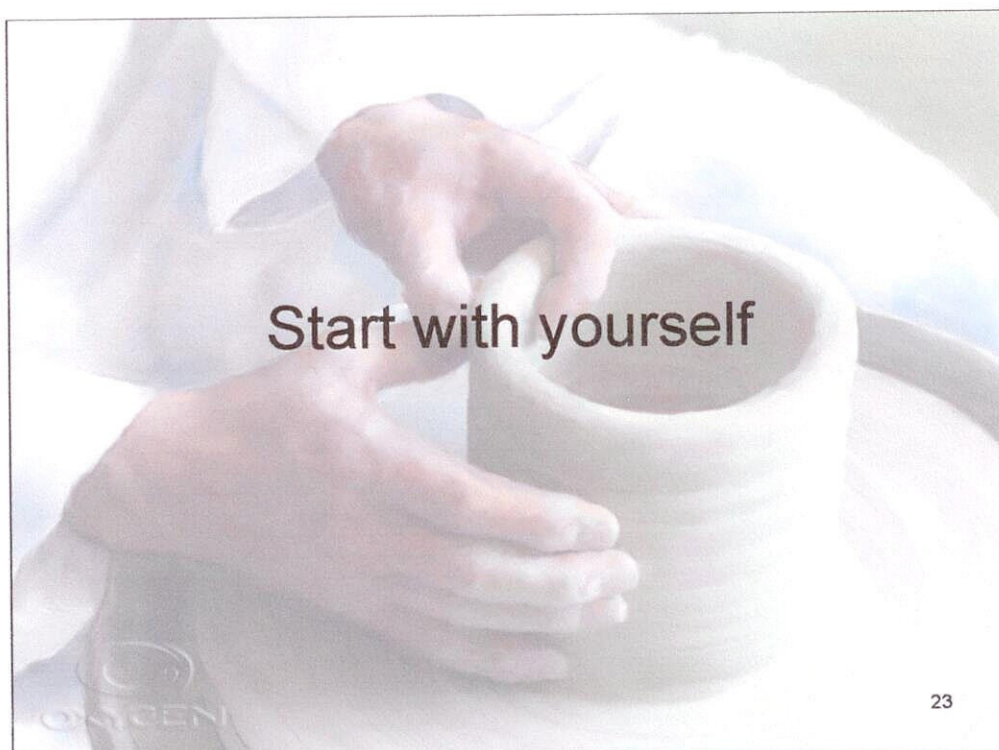
Do these men teach more because they struggle less?

The bottom line for me: teach more.



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Satan has amassed a huge army against Christians and he has been very effective. So far, most of us have failed to even show up for the battle. Just becoming aware there is organized opposition to the enemy raises hope. Consider the judges (i.e. Gideon).



23

If you personally struggle with Internet pornography and you haven't confessed that sin, do so; make a plan and do it.

"How To Confess Your Sexual Addiction" document from Focus on the Family.

<http://www.pureintimacy.org/gr/intimacy/redemption/a0000090.cfm>

If you haven't told your spouse everything and let them help you fight the battle, it's time.

You can't expect to help others until you have helped yourself.

Matthew 7:3-5

3"Why do you look at the speck of sawdust in your brother's eye and pay no attention to the plank in your own eye? 4How can you say to your brother, 'Let me take the speck out of your eye,' when all the time there is a plank in your own eye? 5You hypocrite, first take the plank out of your own eye, and then you will see clearly to remove the speck from your brother's eye.

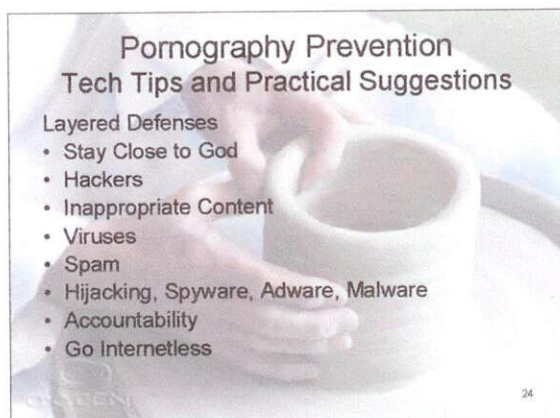
1 John 1:9

If we **confess** our sins, He is faithful and just to **forgive** us our sins and to cleanse us from all unrighteousness.

Prepared by John Bentley.

jbentley@campbellstreet.org

If you do not struggle now, don't be lulled into believing



Even though many of these things are not specifically content-related, my experience shows that a well-managed PC is significantly less likely to contain pornography

Use a layered defenses approach:

* First and foremost: Protection for Satan

- * Stay close to God; put on the full armor of God (Eph 6:11)
- * Prayer
- * Bible study
- * Scripture memorization

* protection from hackers:

- * Layer 1 = hardware firewall at your connection to the Internet
- * Layer 2 = software firewall, preferably Windows XP service pack 2
- * Layer 3 = fully patched operating system and applications; allow Windows to update itself automatically

* Protection from inappropriate content:

- * Layer 1 = ISP is filtered (see resource list)
- * Layer 2 = content filtering software installed on PC;
 - * Updates itself regularly
 - * Disallows surfing during certain hours
 - * Requires password to configure
 - * Emails surfing history by username regularly to accountability partner or parent
- * Layer 3 = good surfing habits; don't wander around the web aimlessly
- * Layer 4 = content filter with subscription on firewall (for offices)

* virus protection:

- * Layer 1 = mail provider scans incoming email for viruses and just deletes them before they ever get to your computer (most viruses come through email)
- * Layer 2 = local virus protection software that will scan emails
- * Layer 3 = use intelligent email client software like Microsoft Outlook 2003 which will prevent certain viruses from launching

* Spam prevention and protection

- * Layer 1 = good surfing practices: If you must type your email into a web site, make sure there is a privacy policy available to read and that you check and/or uncheck all boxes so that you will receive no email from them. If in doubt, use a secondary email address just for this purpose or make one up.
- * Layer 2 = mail provider scans incoming email for spam and for content (see resource list)
- * Layer 3 = use intelligent email client software like Microsoft Outlook 2003 which will not show html content until you tell it to do so

* Hijacking prevention and protection:

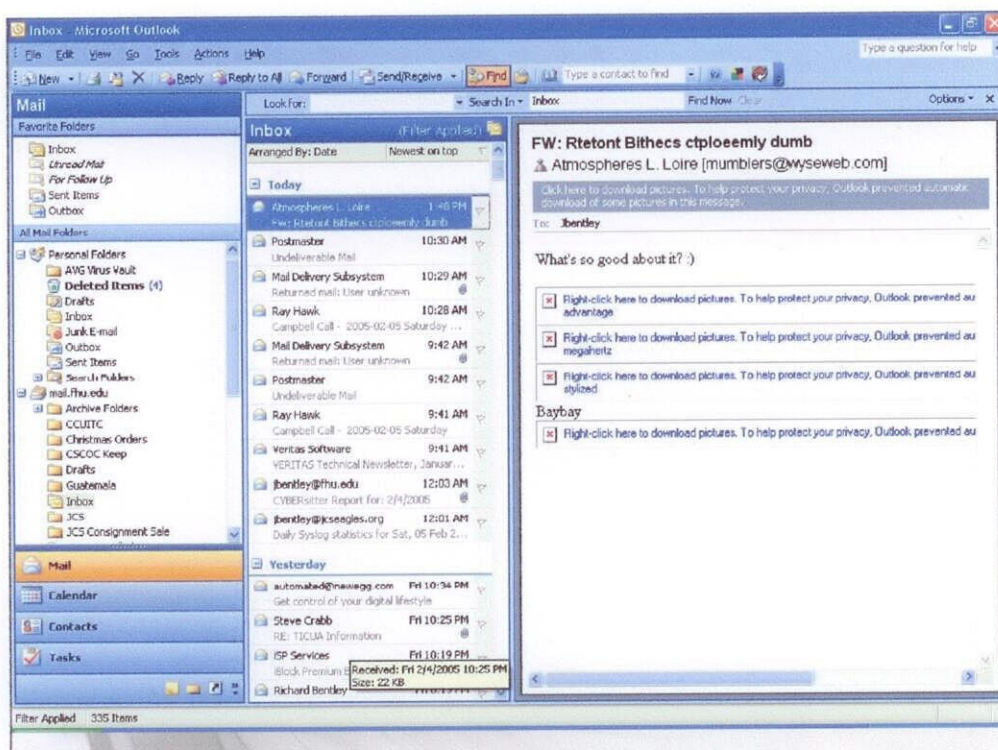
- * Layer 1, good surfing practices:
 - * learn to recognize less-than-reputable pseudo-search engines and stay away from them.
 - * Lose naivety: Bargain Buddy is just a leech and won't really save you hundreds of dollars a year.
 - * Stay honest: Purchase your software, don't "borrow" a friend's copy. Don't use peer-to-peer file sharing; 99% of it is illegal, it's full of pornography, and it often installs adware on your computer as part of the program (Kazaa will even stop working if you remove the adware it installed).
- * Layer 2 = use anti-spyware software
 - * 2 types: 1 = detects and removes current infections, 1 = prevents and removes; recommend real-time prevention (some do both)

* Accountability:

- * Layer 1 = no privacy:
 - * place your computer in a public place when possible
 - * Face your monitor so it can be seen from the door
 - * Place pictures of your spouse and family on/around your computer
- * Layer 2 = use accountability software like Covenant Eyes that cannot be shut down or removed without your accountability partner receiving notification
- * Layer 3 = openness; talk about it openly with your spouse, your trusted friends; confess when you slip even just a little; especially just a little; don't let Satan get a foothold!

* Go Internetless!

- * You don't have to have the Internet to live! Get rid of it if it causes you problems. (Matt 18:9)



Outlook 2003 showing a pornographic email; notice, no pornography. This email made it through 2 spam filters and my own personal rule-set for weeding out pornography. Outlook 2003 was the last line of defense for not seeing the pornography.

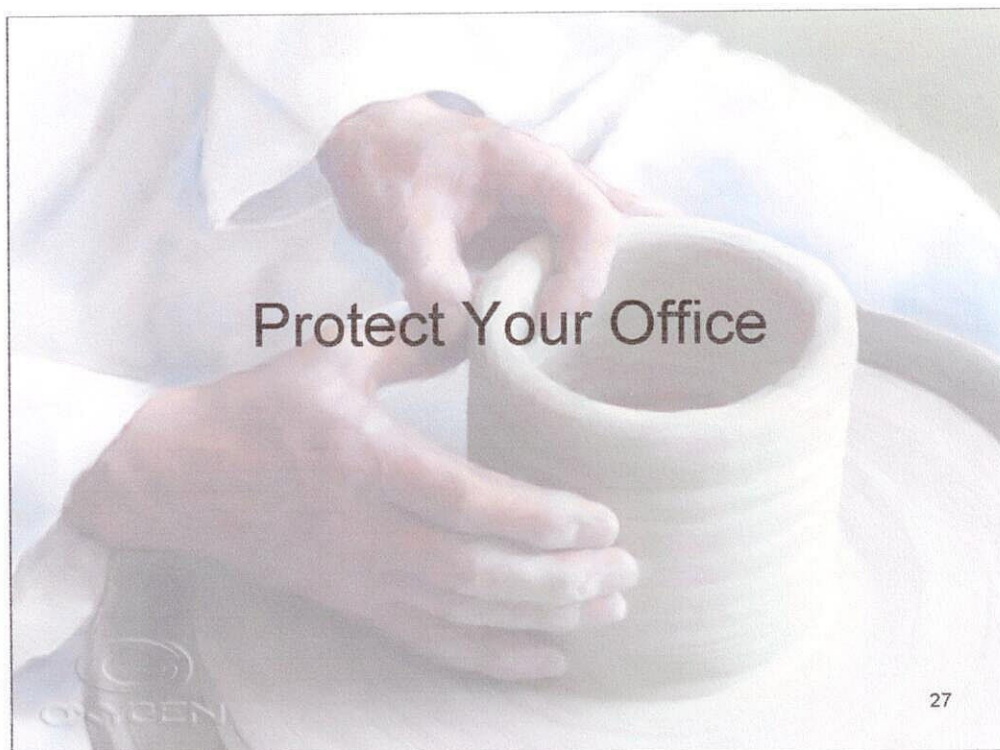


Prevention: you don't want to wake up one morning and learn that one of your children is addicted to pornography because you didn't take steps to protect them!

Talk about it: openness and honesty is key!

Age appropriate rules:

- * Limit time on computer



- Same prevention rules apply
- Talk about it openly; hold each other accountable in love!
- Consider policies regarding acceptable use
- 70% of internet pornography is being viewed between the hours of 9 a.m. & 5 p.m.



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Elders, make it a priority this year! The problem gets worse every year and we're losing the battle.

- * Make yourselves available
- * Inform yourselves (mention the extreme illegality of child porn)
- * Make counseling available
- * Integrate it into the preaching schedule and Bible Class curriculum
- * Arrange special speakers – regularly
- * Schedule computer training/seminars for prevention
- * Identify men who can help others with this
 - * Men who have struggled and are winning
 - * Men who can help others technically
 - * Direct one of these men to compile resources to help
 - * Build the church's library with books and videos
 - * Maybe ask them to make their technical services available once a quarter at the building at no charge or subsidized

Preachers, preach and teach about it – regularly

- * How many sins can you say that your congregation is so heavily involved in as Internet pornography now that you know the numbers?
- * Mention it often
- * Be a good example when it comes to prevention then share what you learn from the pulpit
- * Be a good example when it comes to confession! Share your weaknesses for in them you are made strong! II Cor 12:10
- * By sharing our struggles we bring sin into the light where it cannot live! "Our secrets make us spiritually sick!" Have no secrets.



While researching statistics for this presentation I often would find statistics that had exploded from one year to the next and were several years old.

For instance, I found (at www.protectkids.com/dangers/stats.htm) "345% increase in child pornography sites between 2/2001-7/2001. (N2H2 press release, 8/01)"

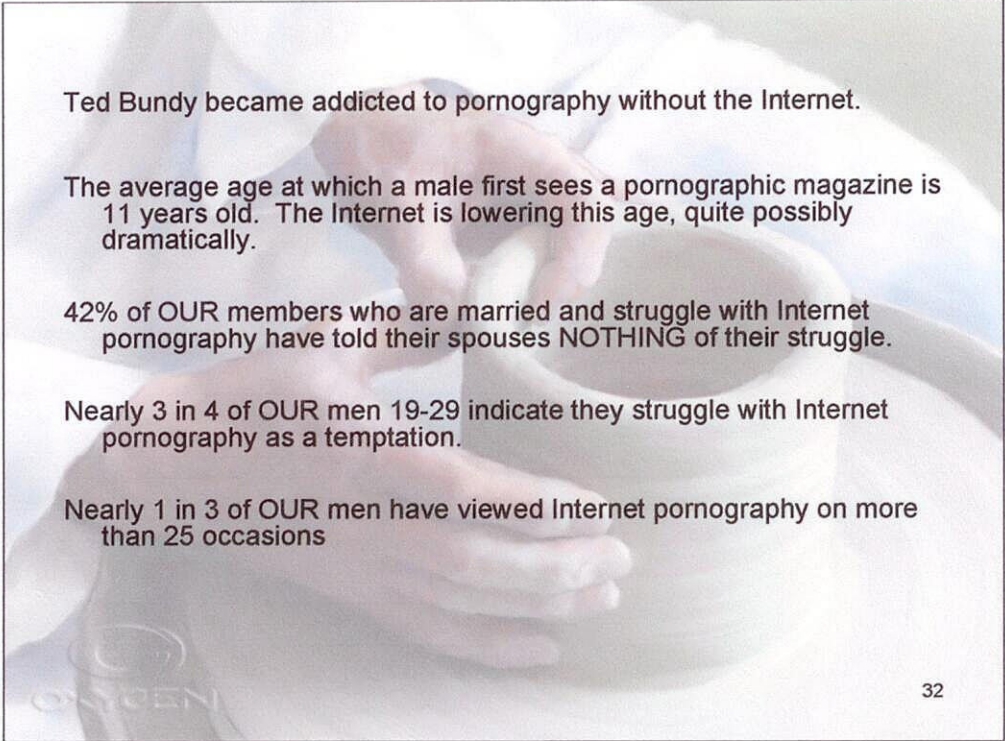
One counselor told me he's been saying for years that we haven't even seen the tip of the iceberg yet and that the survey results were the first confirming data.

The Internet has grown exponentially over the past 10 years and shows no signs of slowing down. Remember the stat from earlier: 60% of all web pages are pornographic.

Computers are just not going away; it's getting so that more and more blue collar jobs require computer literacy. Virtually all white collar jobs already do.







Ted Bundy became addicted to pornography without the Internet.

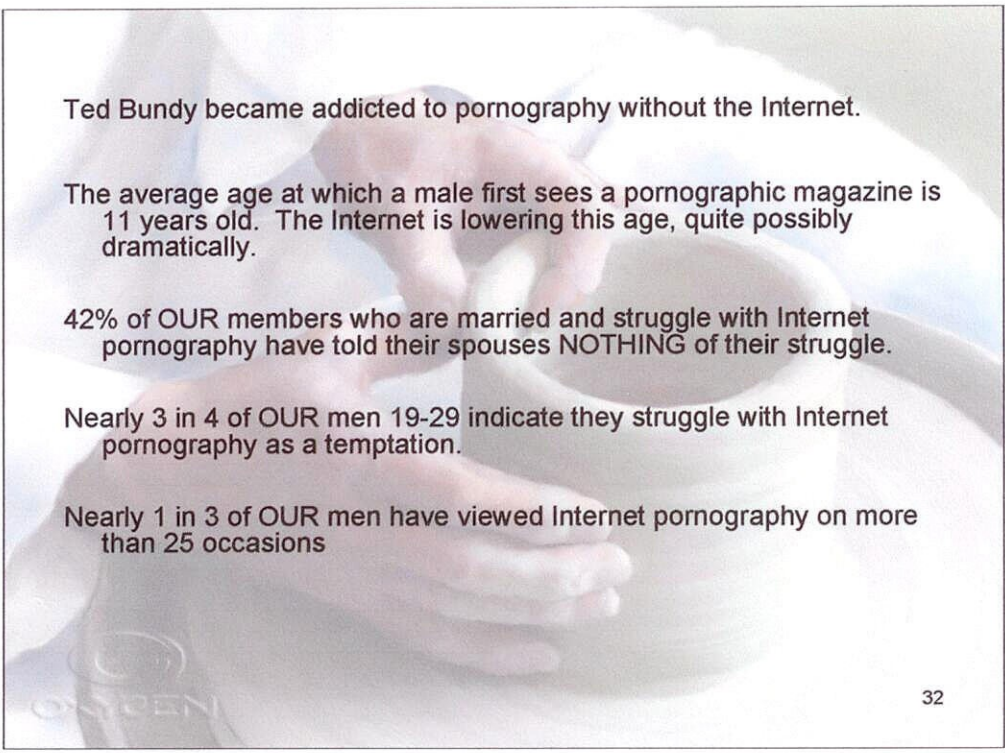
The average age at which a male first sees a pornographic magazine is 11 years old. The Internet is lowering this age, quite possibly dramatically.

42% of OUR members who are married and struggle with Internet pornography have told their spouses NOTHING of their struggle.

Nearly 3 in 4 of OUR men 19-29 indicate they struggle with Internet pornography as a temptation.

Nearly 1 in 3 of OUR men have viewed Internet pornography on more than 25 occasions

32

A background image showing a person's hands holding a white mug. The person is wearing a blue shirt. The mug has a logo on it that says "ONLINE".

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Resource List for Those Battling Internet Pornography

Internet Resources	
Web Sites	
www.addictionresourceguide.com	Guide for those seeking professional help for addictions.
www.bethesda workshops.org	Hope and healing for those struggling with sex and relationship addiction.
www.clergyrecovery.com	The Clergy Recovery Network exists to support, encourage and provide resources to religious professionals in recovery.
www.christianrecovery.com	Christian ministries dedicated to helping the Christian community become a safe and helpful place for people recovering from addiction, abuse or trauma.
www.everymansbattle.com	Online Community providing workshops, accountability groups, life chats, etc... Set-up fee is \$39.95 with monthly dues of \$5.95/mo or \$70.00/year.
www.fbi.gov/publications/pguide/pguide.htm	FBI's Guide for parents and internet safety.
www.freedomeveryday.org	To <i>Encourage</i> , <i>Empower</i> , and <i>Equip</i> God's people to live everyday in sexual integrity.
www.faithfulandtrueministries.com	Website that provides resources to therapists and individuals dealing with sexual addiction.
www.family.org	Focus on the Family web site.
www.iProdigals.com	Ministry to Christians struggling with sexual addiction/infidelity. Prodigals offer training and materials to help local churches establish effective ministries to sexual addicts and their spouses. The web site contains recovery resources, referrals and list of recovery events in the Pacific Northwest.
www.nacronline.com	National Association for Christian Recovery
www.newlifepartners.org	Online support for wives of sex addicts.
www.promisekeepers.org	Promise Keepers is dedicated to igniting and uniting men to be passionate followers of Jesus Christ through the effective communication of 7 Promises.
www.pureintimacy.com	Website providing information on intimacy, addiction, homosexuality, and theology of sexuality.
www.pureonline.com	30 day online course \$99
www.sexaddictioncertification.org	The American Association of Certified Christian sexual Addiction Specialists, Inc., offers certification and training to professionals and pastors in the treatment of sexual addiction.
www.settingcaptivesfree.com	Online community that provides online seminars and community for individuals dealing with addictions. This information is provided in 11 languages (Spanish, French, Dutch, Russian, Portuguese, Hebrew, etc...)

I do not personally endorse any of these resources. It is assumed the reader will thoroughly investigate the resource before using and glean what is good, useful, and appropriate.

Thanks to Douglas Ribeiro for taking the time to compile this list. John Bentley, 2005

Resource List for Those Battling Internet Pornography

www.xxxchurch.com	Site directed to young people. It brings awareness, openness, accountability and recovery. Offers free accountability software.
Software	
www.bsafehome.com	Online Internet Filter. \$49.95/year
www.intego.com/contentbarrier	Internet Filter and accountability Software. Apple's McIntosh OS X version available.
www.integrityonline.com	DSL and Dial Up Internet provider who also offers Internet Filter. Integrity online offers free Internet Accountability Software.
www.pkfamily.com	Promise Keeper's internet provider and filter.
www.x3watch.com	X3 Watch - Free accountability software
Workshops and Counselors	
www.aacc.net	American Association of Christian Counselors
www.celebraterecovery.com	Celebrate Recovery - Addiction Recovery Program
www.everymansbattle.com/EMB_workshop/men.php	Every Man's Battle Workshop
www.newlife.com	New Life Ministries - Counselor Referral Network
www.purelifeministries.org	Pure Life - Live-in Program
www.purerestoration.com	Pure Restoration - Purity Workshop for Men
www.sexaa.org	Sex Addicts Anonymous - PO Box 70949 - Houston, TX 77270 - Tel: 713-869-4902
www.sa.org/	Sexaholics Anonymous - Tel: 805-581-3343 - 12 Steps Program
www.sca-recovery.org	Sexual Compulsives Anonymous Los Angeles: 213-859-5585 New York: 212-439-1123
www.slaafws.org	Sex and Love Addicts Anonymous 617-332-1845
Books	
SEXUAL ADDICTION:	
<i>101 Practical Exercises For Sexual Addiction Recovery</i> , ISBN 1881292193	
<i>Addicted to Love</i> , Stephen Arterburn, Ann Arbor, MI: Servant Publications, 1991. ISBN 0-89283-802-7.	
<i>Breaking Free: Understanding Sexual Addiction and the Healing Power of Jesus</i> , Russell Willingham, Bob Davies, Downers Grove, IL: Intervarsity Press, 1999. ISBN 0830817913.	
<i>Caught in the Net: How to Recognize the Signs of Internet Addiction</i> , Kimberly S. Young, New York: John Wiley & Sons, 1998. ISBN 0-471-19159-0.	

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<i>Contrary to Love</i> , Patrick Carnes, Minneapolis: CompCare Publishers, 1989. ISBN 1568380593.
<i>Don't Call It Love</i> , Patrick Carnes, New York: Bantam Books, 1991. ISBN 0-553-351-38-9.
<i>Every Man's Battle</i> , Stephen Arterburn & Fred Stoeker, Colorado Springs: WaterBrook Press, 2000. ISBN 157856-368-2.
<i>Facing Love Addiction</i> , Pia Melody, San Francisco: Harper, 1992. ISBN 0-06-250604-8.
<i>Facing the Shadow: Starting Sexual and Relationship Recovery</i> , Patrick Carnes, Wickenburg, AZ: Gentle Path Press, 2001. ISBN 1-929866-01-1.
<i>Faithful and True: Sexual Integrity in a Fallen World</i> , Mark Laaser, Grand Rapids, MI: Zondervan Publishing House, 1996. ISBN 0-310-20836.
<i>Faithful and True Workbook</i> , Mark Laaser, Nashville: Lifeway Press, 1996. ISBN 0-8054-9819-2.
<i>No Stones: Women Redeemed from Sexual Shame</i> , Marnie C. Ferree, Fairfax, VA: Xulon Press, 2002. ISBN 1-591600-16-2.
<i>Lonely All the Time</i> , Ralph Earle & Gregory Crow, New York: Pocket Books, 1989. ISBN 0-671-66999-0.
<i>Men's Secret Wars</i> , Patrick Means, Grand Rapids, MI: Fleming H. Revell, 1996. ISBN 0-8007-1721-X.
<i>Out of the Depths of Sexual Sin: The Story of My Life and Ministry</i> , ISBN 0971547076
<i>Out of the Shadows</i> , Patrick Carnes, Minneapolis: CompCare Publishers (2nd edition), 1992. ISBN 0-89638-269-9.
<i>Pornography Trap</i> , Ralph Earle & Mark Laaser, Kansas City: Beacon Hill Press, 2002. ISBN 0-8341-1938-2.
<i>Sexual Anorexia</i> , Patrick Carnes, Center City: MN: Hazelden, 1997. ISBN 1-56838-144-1.
<i>At the Altar of Sexual Idolatry</i> , ISBN 0970220200
<i>The Silent War: Ministering to those trapped in the deception of pornography</i> , ISBN 0892214910
<i>When Good Men are Tempted</i> , ISBN 0310215668
CO -ADDICTION / CODEPENDENCY:
<i>Back From Betrayal</i> , Jennifer Schneider, Tucson: Recovery Resources Press, 2001. ISBN 0-345-36786-3.
<i>Beyond Codependency</i> , Melody Beattie, New York: Harper/Hazelden, 1989. ISBN 0-06-255418-2.
<i>Boundaries and Relationships</i> , Charles L. Whitfield, Deerfield Beach, FL: Health Communications, 1993. ISBN 1-55874-259-X.
<i>Codependent No More</i> , Melody Beattie, New York: Harper/Hazelden, 1987. ISBN 0-89486-402-5.
<i>Living with Your Husband's Secret Wars</i> , Marsha Means, Grand Rapid, MI: Revell, 1999. ISBN 0-8007-5710-6.
<i>Love Is A Choice</i> , Robert Hemfelt, Frank Minirith, Paul Meir, Nashville: Thomas Nelson Publishing, 1989. ISBN 0-8407-3189-2.
<i>Partner's Healing Journey Workbook</i> , Marsha Means, Redmond, WA: Prodigals International, 2001.
<i>The Sex Addiction Workbook</i> , ISBN 1572243767
<i>Virtual Addiction</i> , ISBN 1572241721
<i>When His Secret Sin Breaks Your Heart</i> , ISBN 0971547017
<i>Women Who Love Too Much</i> , Robin Norwood, New York: Pocket Books, 1991. ISBN 0671733419.
COUPLES RECOVERY:
<i>An Affair of the Mind: The Woman's Courageous Battle to Salvage Her Family from the Devastation of Pornography</i> by: Laurie Hall
<i>Before A Bad Goodbye</i> , Tim Clinton, Nashville: Word, 1999. ISBN 0-8499-3743-4.
<i>Bold Love</i> by Dan Allender and Tremper Longman III
<i>Dance of Anger</i> by Harriet Lerner
<i>Dr. Weiss's 100 Empowering Exercises for Spouses of Sex Addicts</i> by Doug Weiss

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Thanks to Douglas Ribeiro for taking the time to compile this list. John Bentley, 2005

Resource List for Those Battling Internet Pornography

<i>From Bondage to Bonding</i> by Nancy Groom
<i>Forgiven Forever</i> , Joe Beam, West Monroe, LA: Howard Publishing, 1998. ISBN 1-878990-66-7.
<i>His Needs, Her Needs: Building An Affair-proof Marriage</i> , Willard F. Harley, Jr., Grand Rapids, MI: Fleming Revell, 1986. ISBN 0-8007-1478-4.
<i>I Love You Talk to Me</i> , Donald Harvey, Grand Rapids, MI: Baker Books, 1996. ISBN 0-8010-4399-9.
<i>Making Love Last Forever</i> by Gary Smalley
<i>Moments Together for Couples: Devotions for Drawing Near to God and One Another</i> , Dennis and Barbara Rainey, Ventura, CA: Regal Books, 1995. ISBN 0-8307-1754-4.
<i>Open Hearts: Renewing Relationships with Recovery, Romance & Reality</i> , Patrick Carnes, Debra Laaser, Mark Laaser, Wickenburg, AZ: Gentle Path Press, 1999. ISBN 1-929866-00-3.
<i>Rebuilding Trust</i> by Jennifer Schneider and Burt Schneider
<i>Sex, Lies and Forgiveness</i> by Jennifer Schneider and Burt
<i>The Act of Marriage</i> by Tim LaHaye
<i>The Five Love Languages</i> by Gary Chapman
<i>Torn Asunder: Recovering From Extramarital Affairs</i> , Chicago, Moody Press, 1991. ISBN 0-8024-7748-8.
<i>Torn Asunder Workbook</i> , Dave Carder, Chicago, Moody Press, 2001. ISBN 0-8024-7141-2.
HEALTHY SEXUALITY:
<i>Restoring the Pleasure</i> , Cliff Penner & Joyce Penner, Dallas: Word, 1993. ISBN 0-8499-3464-8.
<i>Secrets of Eve</i> , Archibald Hart, Catherine Hart Weber, Debra Taylor, Nashville: Word, 1998. ISBN 0-8499-2340-3.
<i>Sexual Healing Journey</i> , Wendy Maltz, New York: Harper Perennial, 1992. ISBN 0-06-016661-4.
<i>Talking to Your Kids About Sex</i> , Mark Laaser, Colorado Springs: WaterBrook Press, 1999. ISBN 1-57856-199-X.
<i>The Celebration of Sex</i> , Doug Rosenau, Nashville: Thomas Nelson, 1994. ISBN 0-7852-7366-2.
<i>The Sexual Man</i> , Archibald Hart, Dallas: Word, 1994. ISBN 0-8499-3684-5.

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